

Soft skills refer to the personal attributes that enable individuals to interact effectively with others in the workplace and society. Soft skills include a range of personal and interpersonal skills, such as communication, teamwork, problem-solving, time management, leadership, empathy, adaptability, and creativity. These skills are essential in almost every profession, and employers are increasingly seeking

Soft skill development is the process of improving and enhancing one's personal and interpersonal skills. It involves self-awareness, self-management, and building relationships with others. Developing soft skills can be challenging, but with persistence and effort, one can improve their skills and become more effective

One of the most crucial steps in soft skill development is self-awareness. This involves understanding one's strengths and weaknesses, personality traits, and communication style. Self-awareness allows individuals to identify areas where they need improvement and set goals for their development.

Another critical component of soft skill development is building strong relationships with others. This involves developing empathy, active listening, and effective communication skills. Individuals who can connect with others and build strong relationships are more likely to succeed in their personal and

Effective time management is another soft skill that is essential in today's fast-paced world. Time management involves setting priorities, setting goals, and managing time effectively to achieve those goals. Individuals who can manage their time effectively are more likely to be successful in their personal and

Leadership is another soft skill that is essential in the workplace. Good leaders inspire and motivate others, communicate effectively, and have strong problem-solving skills. Developing leadership skills can help individuals advance in their careers and make a positive impact on their organizations.

At the end, soft skill development is a continuous process that requires effort and persistence. By developing strong interpersonal skills, effective time management, and leadership skills, individuals can improve their personal and professional lives and make a positive impact on society.

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## Soft Skills

Mewar University recognizes the importance of soft skills in shaping well-rounded individuals who are equipped for personal and professional success. Soft skills are essential for effective communication, teamwork, leadership, and adaptability. The initiatives and programs undertaken by Mewar University to promote soft skill development among its students.

- Soft Skill Workshops and Training: Mewar University organizes regular workshops and training sessions focused on various soft skills. These sessions cover a wide range of topics, including communication skills, emotional intelligence, leadership, time management, problem-solving, and interpersonal skills. The workshops provide interactive and experiential learning opportunities for students to acquire and practice these skills in a supportive environment.
- Personality Development Programs: The university offers personality development programs that encompass multiple aspects of soft skills. These programs help students identify their strengths and areas for improvement, develop self-confidence, enhance public speaking abilities, and nurture effective interpersonal skills. Through role-playing exercises, mock interviews, and presentations, students gain practical experience and learn to present themselves confidently in various situations.
- Industry Interaction and Guest Lectures: Mewar University invites industry experts and professionals to conduct guest lectures and interact with students. These sessions provide insights into the demands of the corporate world and the specific soft skills required for success in various fields. Students have the opportunity to learn from experienced professionals, ask questions, and gain valuable industry perspectives.
- Leadership and Team-building Activities: To foster leadership and teamwork skills, Mewar University organizes activities such as group projects, seminars, and conferences that require collaboration and effective communication among students. These activities provide a platform for students to develop their leadership abilities, learn to work as part of a team, and manage conflicts. Through these experiences, students develop essential soft skills necessary for success in professional settings.
- Internship and Placement Support: Mewar University emphasizes the importance of practical experience to complement soft skill development. The university facilitates internships and industry placements for students, providing them with opportunities to apply their soft skills in real-world situations. This hands-on experience helps students develop a deeper understanding of the skills required in their chosen fields and further enhances their employability.









## MEWAR UNIVERSITY

Gangrar, Chittorgarh (Raj.) OFFICE OF THE REGISTRAR

Ref. No.MU/RO /2021/2021

#### 20/12/2021

#### Office Order

### Subject: Workshop on Personality Development through Soft Skill on 21st-23rd December.

All Dean, Directors, HoD's & First year Students are hereby informed that, the Department of Management is going to conduct three days workshop on "Personality Development through Soft Skill" from 21st-23rd December, 2021 in Maharana Pratap Seminar Hall.

Prominent Educationist & NLP coach Mrs. Preeti Joshi will take this session.

Hon'ble Chairman Sir will chair the inaugural session.

Studenst will attend the session in following time slots:-

- 1. 10:30 AM to 12:30 PM Pharmacy and Paramedical only
- 2:30 PM to 4:30 PM Management, Agriculture, Forestry, Law Engineering, Computer Application, Education, Basic Science & Others.

Head of All Departments, Concerned faculty members, Mr. Gautam Singh Dhaked (Chief Proctor) & Mr. B. L. Pal (Head of Computer Science) have to ensure presence of all first year students in MPS Hall 15 minutes before the start of the session.

#### Following arrangement is required:

1. MPS Hall with Projector, Pointer (Indicator) and Photography - To, IT Department

2. Felicitation Kit for Guest -

#### Copy to:

- 1. PS to Hon'ble Chairperson (for kind inf)
- 2. PS to Hon'ble President/Pro-President (for kind inf)
- 3. All concerned Deans/Directors/HoD's (for kind inf. & Necessary action)
- 4. Accounts/Examination/Library/Store/Warden/Security/IT Head.
- 5. Coordinator, IQAC Cell.
- 6. Record file.

University

Gangrar, Chittorgarh

To, Store

## <u>Three-day workshop on personality development through skill</u> <u>training</u>

A three-day workshop on personality development through skill training has been organized by the Management Faculty of Mewar University.While presiding over the workshop, the Chancellor Dr. Ashok Kumar Gadiya told the all round development of the students as the best goal of the university so that the students can take proper advantage of this opportunity. Chief educationist and NLP coach Preeti Joshi explained the importance of skill training to the students and explained the concept of personality development in achieving success in life, said that practical skills are a broad area, in which communication skills, listening skills, team skills includes leadership qualities, creativity and rationality, problem solving skills and changeability etc. She pointed out that practical skills are generally attitudinal and cannot be learned from books. Explaining the importance of practical skills, he said that if practical skills are better then positive changes in workplace and home environment can be felt from the beginning. In this way you can touch the heights of success while gaining depth in practical skills should pay attention.

Harish Gurnani, Director of the Training and Placement Department, said that students who want to get a job after getting education, despite having complete knowledge, are not able to make a presentation during the interview due to lack of eloquence and skill, due to which they are not selected. Along with acquiring knowledge, the students can focus on their skill development by taking full advantage of such programmes.

# मेवाड़ विवि में व्यक्तित्व विकास पर तीन दिवसीय कार्यशाला



गंगरार, 21 दिसम्बर (जसं.) 1 मेवाड़ विश्व विद्यालय के प्रबन्धन संकाय द्वारा कौशल प्रशिक्षण द्वारा व्यक्तित्व विकास विषय पर तीन दिवसीय कार्यशाला का आयोजन किया गया है।

कार्यशाला की अध्यक्षता करते हुऐ कुलाधिपति डॉ. अशोक कुमार गदिया ने विद्यार्थियों के सर्वागीण विकास को विश्वविद्यालय का सर्वोत्तम ध्येय बताते हुए विद्यार्थियों को इस सुअवसर का समुचित लाभ

है। उन्होंने बताया कि व्यावहारिक उठाने का आह्वान किया एवं जीवन कौशल सामान्यतः गुण स्वरुप होते में सफलता प्राप्त करने में व्यक्तित्व हैं और इन्हें पुस्तकों से नहीं सीखा विकास की अवधारणा को समझाया। जा सकता। उन्होंने व्यावहारिक मुख्य शिक्षाविद् एवं एनएलपी कोच प्रौति जोशी ने विद्यार्थियों को कौशल कौशल की महत्ता बताते हुए कहा प्रशिक्षण का महत्व समझाते हुए कि अगर व्यावहारिक कौशल बेहतर कहा कि व्यवहारिक कौशल एक हो तो कार्यस्थल और घर के माहौल व्यापक क्षेत्र है, जिसमें सम्प्रेषण में सकारात्मक बदलाव आरम्भ से कौशल, श्रवण कौशल, टीम कौशल, ही महसूस किया जा सकता है। इस नेतृत्व के गुण, सृजनात्मकता और तरह आप व्यावहारिक कौशल में तकसंगति, समस्यां निवारण कौशल प्रगाढ़ता हासिल करते हुए सफलता तथा परिवर्तनशीलता आदि सम्मिलित की ऊँचाईयों को छ सकते है। Jannayak 22-12-2021

ट्रेनिंग एवं प्लेसमेन्ट विभाग के डायरेक्टर हरीश गुरनानी ने बताया कि शिक्षा प्राप्त करने के बाद नौकरी करने के इच्छुक विद्यार्थी साक्षात्कार के दौरान पूर्ण ज्ञान होते हुएं भी वाकचातुर्य एवं कौशल के अभाव में प्रस्तुतिकरण नहीं कर पाते हैं, जिससे उनका चयन नहीं हो पाता है। ज्ञान अर्जन के साथ-साथ विद्यार्थियों को इस प्रकार के कार्यक्रमों का पूर्ण लाभ लेते हुएं, अपने कौशल विकास पर ध्यान देना चाहिए।